

# The Impact of Results Oriented Clinical Interventions



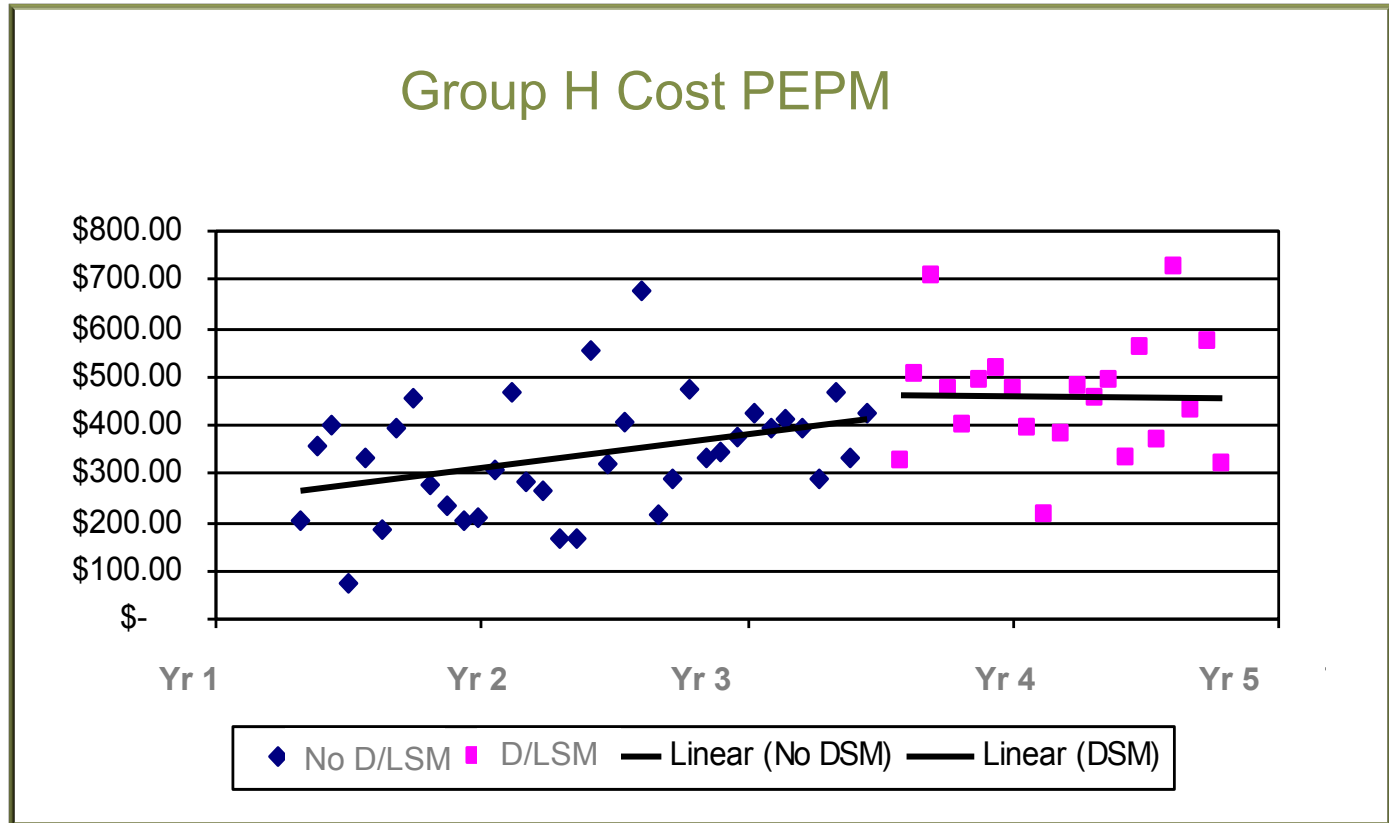
*Employer H*

# Employer H – Health Management Program Objectives

- Stabilize Employee Healthcare Costs
- Build a Sustainable Culture Focused on Achieving Better Health
- Develop Employee's Individual Awareness, Accountability and Action to Improve and Maintain Healthier Lifestyles



# Group "H" Results



**766 Employee Lives**

**Savings: \$21.07 PEPM – 21 Months**

**Savings: \$35.55 PEPM – Last 12 Months**

# Awareness to Achievement

- **Accountability** – Emergency Room & Urgent Care Visits reduced from 19.24% of total medical cost in year 1 to 7.78% in year 5
- **Action** – Average Cost for Members with Chronic Disease working with an SHS Health Coach was \$394 compared to \$449 for employees with chronic disease that chose not to work with Health Coach
- **Results** - Consistently increased employee participation, reaching 86% completing HRAs and maintained positive program ROIs

